



News Updates

Why not GMO?

GMO'S, or genetically modified organisms are foods that have had specific changes introduced into their DNA by genetic engineering techniques.

- GMO's can disrupt the natural process of evolution/
- Use of GMO's can damage indigenous soil life, plants and animals.
- Growth of GMO's can contaminate land for up to 15 years after harvest.
- Growth of GMO's can cause changes in soil bacterial communities thereby devastating soil fertility.
- Growth of GMO's releases toxins into the soil.
- Eating GMO can cause myriad difficulties, including allergies, nausea, fatigue, headaches, liver and kidney toxicity, neurological, endocrine, immune and reproduction problems.
- Growing GMO's contaminates ground water. The most common sources of GMO's are: corn, soy, canola (Canola is a misnomer. It is a euphemized name for rapeseed, one of the most toxic sources for oil.), zucchini, crook neck squash, papaya, rennet, an enzyme used to make hard cheese and cow's milk. GMO's are commonly found as sources of NutraSweet, maltodextrin, high fructose corn syrup, soy lecithin and modified food starch. In the processed food category, GMO's are commonly found in chocolate, cereal, catsup, mayonnaise, gravies, salad dressings, soft drinks and canned foods.





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What to do?

- * Buy organic foods.
- * Buy locally grown foods.
- * Spread the word.

For further information contact us using the contact form.