



News Updates

Diapers VS Pampers.



Today we are going to discuss a topic of great concern for the world at large. Diapers or pampers, or disposable diapers.

The reason for this discussion is that our healthiest option is not being utilized and we are putting our children and the world at risk.

The healthiest options of fabrics are those that are natural (cotton, linen and hemp), that is to say those that breathe. Why those that breathe? Because our skin breathes. Fibers placed on our skin that do not breathe smother our skin, making it difficult, if not impossible to breathe. Without the ability to breathe one of the greatest systems for toxic elimination is hindered.

The next issue is that of our reproductive organs. In order to reproduce we need the full functioning capacity of our reproductive organs. Optimal functioning requires a temperature of around 37 degrees Celsius or 98.6 Fahrenheit give or take a degree. The male reproductive organs actually need a temperature of about 3 degrees lower, to facilitate the healthy production of sperm and thereby the creation of healthy offspring.



News Updates

With this fact let it be known that the utilization of disposable diapers increases the body temperature several degrees as these are mostly made of plastics, PVC and other inorganic materials.

PVC is known carcinogen, that it causes cancer. Why would we put this known toxin on our youth? Answer that yourselves. Not only is in cancer causing, the unnatural dyes cause damage to the central nervous system, kidneys and liver. These systems are crucial to our survival.

Many of these disposables include fragrances which can cause headaches, dizziness and rashes.

Some disposables include TBT, a substance used in the gels that make these diapers extra absorbent, and can rashes, irritation and swelling. This creates a dual problem as the absorbency encourages diapers to be left on for longer periods of time, meaning longer contact with urine and feces, which can cause illness and can make it problematic for potty training. There are even some disposables that use wood chips. These gels not only pull waste they also pull the natural moisture from the infant leading to irritation and, again, rashes.

Some of the main culprits are Pampers and Huggies brands, but all synthetic disposables put our children at risk.

Many of the brands use polyacrylate for absorbency, the substance that was banned from tampons in the 80's for causing toxic shock syndrome.

More problems

- Fertility rates in European men have fallen since 1975, shortly after the introduction of disposables.
- Sperm production has decreased some 25% in countries that use disposables.
- Many brands use dioxin, one of the most toxic of all cancer causing chemicals known. It is a by-product of the paper bleaching process, of which the smallest of quantities is toxic.
- Disposables can hold one day's worth of urine and seven to 12 eliminations, which increases diaper rashes by a whopping 61%.
- Five million tons of untreated waste lies in landfills all over the world. Most people do not know that disposables are supposed to be rinsed before disposal.
- Disposables need air and sun to decompose, literally impossible in a landfill.
- Disposables increase the rates of testicular cancer, decrease semen quality and raise the rates of infertility.
- In Great Britain alone there has been 55% increase in fertility treatment.

What is the solution?

The solution would be to use 100% cloth diapers. These diapers are economical. A one year supply of the average price cloth diapers would cost about \$250, considerably less than the cost of disposables, which run about \$200 a year. 100% cloth diapers are reusable, therefore, they are healthy for your child and the environment. Cotton is breathable. It allows the body to breathe, eliminate toxins and creates



News Updates

a healthy environment for your infant's reproductive system, and encourages fertility. They also allow you to know when it is time to change the diaper, thus decreasing diaper rash and allowing for frequent changes.

So to help out our children and the environment, we recommend using cloth diapers or at least biodegradable disposables.