



News Updates

Appplied kinesiology (AK) is a form of diagnosis that uses muscle testing as the primary feedback mechanism to examine how a person's body is functioning. When AK is properly applied, the outcome of the diagnosis will determine the best form of treatment for the patient. AK draws together the core elements of many complementary therapies; therefore, it provides an interdisciplinary approach to health care.

The applied kinesiologist finds a muscle that tests weak and then attempts to figure out why that muscle is not functioning properly. The practitioner will then evaluate and apply the treatment that will best eliminate the muscle weakness and help the patient.

For more information please contact us using the contact form.

